

Repeat: "While fasting in body, O brethren..."

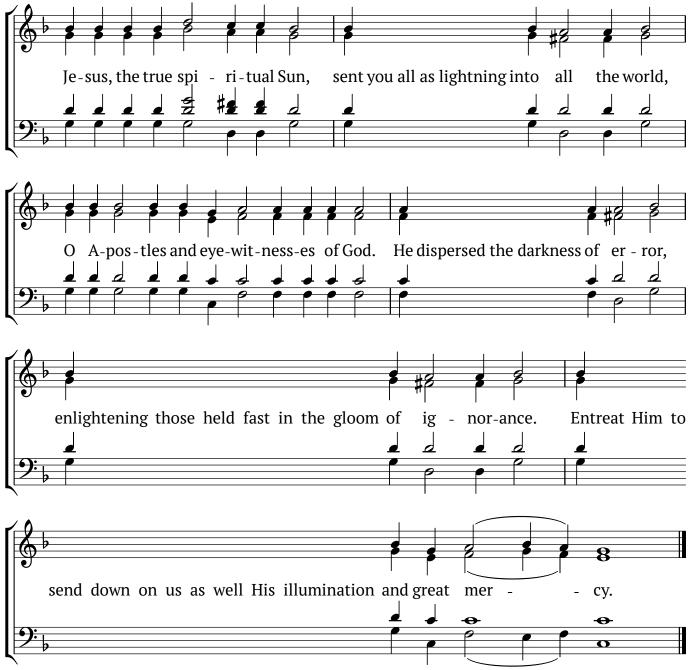
For the Martyrs **8.** Out of the depths I cry to Thee, O Lord. Lord, hear my voice.





For the Apostles, by Joseph In the second tone

7. Let Thine ears be attentive to the voice of my supplications.

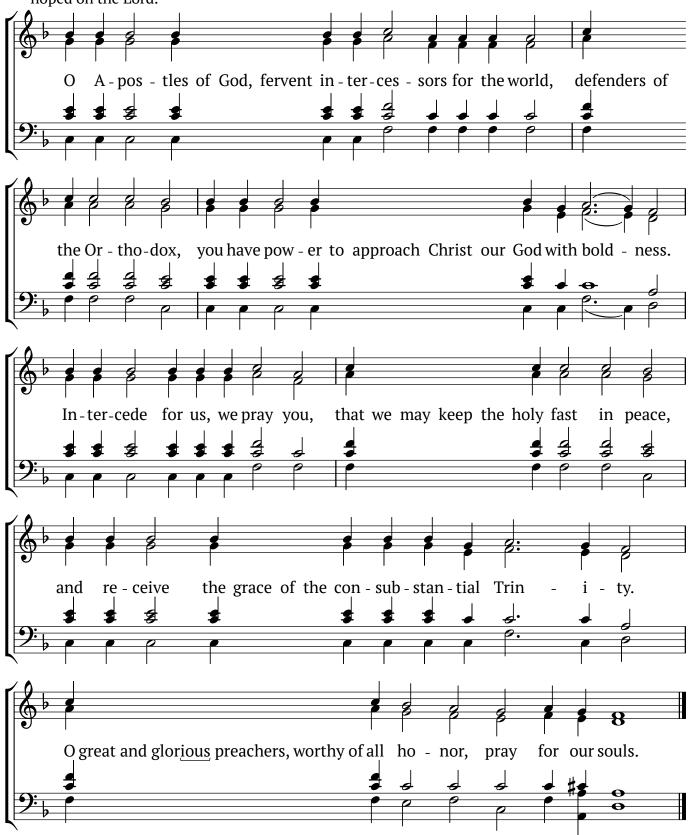


6. If Thou, O Lord, shouldest mark iniquities, Lord, who could stand? But there is forgiveness with Thee.



For the Apostles, by Theodore In the fifth tone

5. For Thy name's sake I have waited for Thee, O Lord, my soul has waited for Thy word; my soul has hoped on the Lord.



Then four stichera from the Menaion. If the Menaion only gives three stichera, repeat the first.

- **4.** From the morning watch until night, from the morning watch, let Israel hope on the Lord.
- **3.** For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.
- 2. Praise the Lord, all nations; praise Him, all peoples.
- **1.** For His mercy is abundant towards us; and the truth of the Lord endureth for ever.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Then the Theotokion from the Menaion.