

The First Antiphon

Psalm 102 (LXX)

Daniel Johnson

Moderato (♩ = 108)

Bless the Lord, O my soul; and all that is with-in me,

bless His ho - ly name. Bless the Lord, O my soul, and for-get not

all his be - ne - fits, who for-gives all your in - i - qui - ties,

who heals all your dis - eas - es, who re-deems your life

from the Pit, who crowns you with stead-fast love and mer - cy,

who sat - is - fies you with good as long as you live so that your youth is

re - newed like the ea - gle's. The Lord is com - pas - sion - ate

and mer - ci - ful, long - suf - fer - ing and of great good - ness.

Bless the Lord, O my soul; and all that is with - in me,

molto rall.
bless His ho - ly name. Bles - sed art Thou, O Lord.